

SNOWFOX SUSHI NUTRITION CHART



Quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
----------	-----------------	--------------------------	---------	-------------------	---------------	------------------	-------------	-------------------	-------------------	-----------	-------------

RAW	Arizona Roll	one package	370	80	9	1.5	0	15	660	55	3	6	13
	California Masago Roll	one package	290	44	5	0.5	0	30	850	54	2	7	6
	Deluxe garden wrap	one package	310	98	11	1.5	0	55	520	28	4	3	27
	Dragon Roll	one package	400	115	13	2	0	35	610	52	3	4	16
	Dynamite Roll	one package	370	35	4	0.5	0	25	1260	60	1	9	18
	Fresh Roll	one package	380	142	16	2	0	45	460	48	3	3	18
	Mango Roll	one package	380	98	11	2	0	35	610	53	2	6	15
	Mini Roll Combo	one package	250	62	7	0.5	0	35	360	36	0	3	13
	Mixed Combo #1	one package	630	169	19	3	0	60	1200	82	4	8	29
	Mixed Combo #2	one package	820	284	32	9	0	45	1810	105	4	14	24
	Nigiri Roll	one package	420	62	7	0.5	0	90	750	70	0	5	18
	Ocean Special Roll	one package	440	124	14	3.5	0	30	770	62	3	5	13
	Pink Flame	one package	450	133	15	2.5	0	65	560	49	1	4	23
	Poke Rice Bowl	one package	930	89	10	2.5	0	180	1530	148	5	20	54
	Rainbow Roll	one package	370	115	13	1.5	0	45	600	52	3	4	17
	Salmon Fantasy	one package	460	133	15	2.5	0	65	730	54	1	9	22
	Sashimi	one package	220	80	9	1.5	0	70	75	0	0	0	33
	Smoked Salmon Roll	one package	410	142	16	7	0	45	1670	50	2	4	13
	Spicy Combo	one package	520	89	10	1.5	0	20	1200	92	3	11	11
	Spicy Roll	one package	360	80	9	1.5	0	35	690	50	0	6	13
Sushi Combo	one package	660	169	19	3	0	65	1000	90	3	7	26	
Tropical Roll	one package	400	115	13	2	0	35	610	52	3	4	16	
Tuna Tataki	one package	190	186	21	0	0	85	55	6	0	0	34	
Tuna Tataki Dragon	one package	370	151	17	0.5	0	55	480	52	2	4	23	
Buckeye Roll	one package	550	239	27	10	0	60	1670	65	2	12	11	
Cajun Roll	one package	390	53	6	1	0	65	1670	71	0	20	10	
California Combo	one package	560	124	14	4	0	10	1370	97	3	15	9	
California Roll	one package	290	40	4.5	0.5	0	5	750	56	2	5	5	
California Salad Roll	one package	320	71	8	1	0	5	740	55	2	5	5	
Caterpillar Roll	one package	390	160	18	2.5	0	10	750	49	4	4	6	
Chicken Cali Roll	one package	320	53	6	1	0	45	490	50	3	5	14	
Crunch California Roll	one package	440	142	16	6	0	5	1130	69	2	17	6	
Crunch Roll	one package	670	239	27	10	0	25	1140	92	3	16	11	
Crunch Shaggy Dog	one package	740	257	29	11	0	30	1710	103	3	23	14	
Dumplings	one package	270	80	9	3	0	20	570	38	3	3	11	
Inari Sushi	one package	330	9	1	0	0	0	860	72	0	7	1	
Mixed Combo #3	one package	920	186	21	7	0	40	2060	157	6	20	18	
New York Crunch Roll	one package	550	186	21	7	0	10	1320	79	2	15	9	
New York Roll	one package	450	0	12	2	0	10	1270	74	2	14	7	
Noodle salad	one package	210	0	6	0	0	0	1030	34	1	10	7	
Philly Roll	one package	410	133	15	7	0	40	910	60	2	6	7	
Poke salad	one package	320	115	13	1	0	55	1060	22	2	11	29	
Real Crab Roll	one package	290	71	8	1	0	30	530	44	2	3	6	
Rock & Roll	one package	460	186	21	9	0	50	760	58	3	7	8	
Shaggy Dog	one package	370	160	18	5	0	30	1870	98	4	23	14	
Shrimp Pan Cake	one package	210	98	11	2	0	35	160	27	5	3	3	
Spicy California Roll	one package	300	53	6	1	0	5	840	58	2	9	5	
Spicy Crunch Roll	one package	750	302	34	14	0	45	1980	96	2	26	12	
Spring Roll	one package	170	0	0	0	0	75	140	32	1	1	10	
Summer Roll	one package	200	44	5	0.5	0	5	420	37	5	5	6	
Sushi Burrito	one package	180	22	2.5	0	0	0	420	33	2	4	5	
Temptation Roll	one package	430	115	13	4.5	0	25	1340	72	2	18	7	
Tempura Plate	one package	540	204	23	8	0	70	860	66	8	7	19	
Tempura Roll	one package	340	71	8	2.5	0	15	710	58	2	5	6	
Three's Company	one package	340	53	6	3.5	0	25	970	62	0	8	6	
Vegetarian Roll	one package	250	35	4	0.5	0	0	440	48	3	5	2	
Wasabi Roll	one package	800	142	16	3	0	10	2320	140	10	26	22	

PAN-ASIAN

Beijing Chicken	one package	430	169	19	4.5	0	65	1970	40	1	12	25
Black Pepper Beef	one package	330	160	18	8	0	100	1090	11	2	6	30
Ginger Mushroom Beef	one package	330	160	18	8	0	100	1190	11	1	6	30
Orange Chicken	one package	500	160	18	4.5	0	65	750	60	5	18	24
Sweet Chili Chicken	one package	470	160	18	4.5	0	65	1200	53	2	23	24
Teriyaki Chicken	one package	440	160	18	4.5	0	65	2110	43	1	15	26
Thai Chili Chicken	one package	460	169	19	4.5	0	65	1610	49	2	18	24